

SIMON FRASER UNIVERSITY
Education 479-4
DESIGNS FOR LEARNING: PHYSICAL EDUCATION
(D2.00)
(Cat #68445)

Spring Semester, 1993
(January 5–April 2)
Location: Dawson Creek

Instructor: J. Holme/T. Wirick

PREREQUISITE: EDUC. 401/402 or equivalent.

COURSE DESCRIPTION

This course is designed to enable teachers to plan and implement a Physical Education program. Sessions will be both practical and theoretical in nature. Since the design of this course is to learn through experience, participation is essential. The course will focus specifically upon curriculum content in the areas of games, gymnastics, dance and lifetime pursuits. The topics of management, program organization and intramurals will be included.

COURSE ASSIGNMENTS

1. Assigned readings.
2. Participants will select one grade level and plan a yearly physical education program.
3. Participants will work with their peers to plan, teach and evaluate a lesson in one of the three major curricular areas (games, gymnastics or dance).
4. Attendance and participation in course.
5. Completion of final self evaluation/summary.

REQUIRED TEXT

Kirchner, G. Physical Education for Elementary School Children. (6th ed.)
W. C. Brown, 1985.

RECOMMENDED TEXTS

Orlick, T. The Cooperative Sports and Games Book. Pantheon Books, 1978.
Orlick, T. The Second Cooperative Sports and Games Book. Pantheon Books,
1982.
Parker, P. et al, Creative Dance-Basic Skills Series, C.A.H.P.E.R., Ottawa, 1988.
Preston-Dunlop, V. A Handbook for Dance in Education (2nd ed.) Macdonald
& Evans, 1986.
Burnaby-Coquitlam Physical Education Curriculum Project, 1990.